

Cambridge Core Shamanism



the way of the wolf

January 2024 Newsletter

Welcome to our Monthly Newsletter.

We invite you to see what we are offering over the next few months. Please check out details on our website: www.cambridgecoreshamanism.com

Venue: Abington Barn 52 North Rd, Great Abington, Cambridge CB21 6AS

Jan 25th 2024 Journey Circle

Shamanic journeying is the inner art of traveling to the invisible worlds beyond ordinary reality to retrieve information for change in any area of our lives, from spirituality and health to work and relationships.

The Wolf Journey Circle is open to all who are interested in shamanism to explore different themes each month. There will be the opportunity to connect with your spirit guides and gain answers to the big questions in life.

We will also be visiting parts of this planet to heal the natural world and places where major man-made disturbances are going on.

Thursday evenings on every third week of the month at Abington Barn.

February 3rd 4th 2024 The Shamans Path: Workshop

Intro to core shamanism

A two-day interactive course introducing core shamanism and to explore the non-ordinary world of the shaman. You will have the opportunity of meeting a power animal ally and a teacher in human form who will step forward to provide guidance, insight, and healing.

Also, we will look at the shaman's map of the world with the opportunity to explore both the Lower and Upper worlds.

You will also take part in an Ancestor healing ritual, be given a basic shamanic divination method and create your own power song.

This introductory course represents the prerequisite for our advanced courses in core shamanism.

Feb 22nd Journey Circle – Abington Barn, Cambridge

Details as above...

Feb 24th 25th 2024 The Celtic Wheel of the Year: Workshop

An experiential journey through the 8 agricultural festivals of the Celtic Year. Thomas (CCS) and Will Fordham (Corr Reisc Grove) will journey with you through eight unfolding events that will involve ritual re-enactment, creative expression, contact with the divine and ultimately, contemplation of our very essence as human beings living within Nature.

Who is this for? Anyone! Whether you have experience of attending druidic or pagan ceremonies, gatherings or events or are investigating your connection to the year's seasons for the first time, this workshop is for you.

Whether you come with a friend or two or on your own, we will shape the weekend around your energy and experience to awaken your spiritual interaction with sacred time and sacred place.

Come with an open mind and leave with an open heart!

March 2nd 3rd The Way of the Wolf: 1 year course, component 1 of 4

The Wolf is a Symbol of the Night

A time not to be scared but an opportunity to explore and understand yourself. To take a risk and face your deepest fears, and learn about your inner self, discover your inner powers and strengths. Realise that you can be both a free spirit but also enjoy the company of others.

This course is not for the faint of heart but for those who wish to dig deeper and get to know themselves better. The chance to take control of your life with harmony and discipline does not come round too often. On this course you will challenge fears that have ruled your life and explore the hidden paths of consciousness leading to new truths empowering you to live with yourself and share with those close to you.

Working with your inner fears, divine balancing feminine and masculine using the archetypes, full moon vigil, shapeshifting, working with psychic and physical energies, channel healing, personal project for empowering self, creating a community project, working with the pack, building resilience, personal/ group healings...

March 16th 17th 2024 Shamanic Practitioner's Course (3-year course)

Becoming a Shamanic Practitioner

This is a special course designed for those people who wish to train in the shamanic healing arts. It will include the shaman's map of the world, learning to track the source of a client's problem and how to work on deeper profound healing levels to help them.

Shamans have the view that all illnesses have a spiritual cause which is expressed in physical manifestation. They access the client's health, by checking in with their sacred balance of mind, body and spirit and looking not only to their internal health (relationship to self) but also to their external health (relationship to others and the world around them).

Most shamanic healing, focuses on the following aspects: Power loss, soul loss, energy intrusions, spirit release work, ancestral work, cutting ties, house/land cleansing, healing, and blessings. Shamanism is a path that gives you direct spiritual revelation and autonomy. It is possible to gain a spiritual toolkit that will serve you for the rest of your life and to come into your own personal power.

New Online Course Coming Soon:

Ogam Tree Healing Course.

Ogam symbols are seen as the ancient alphabet of the Irish and the Druids, with each letter being associated with a specific tree. The Ogam Tree Healing system has at its heart, the ancient principles of shamanism. Drawing on multiple cultural and ethnic traditions it is a gift from the divine to be used for the benefit of all of us, as well as a tool to heal the planet.

This workshop will introduce you to the following Ogam trees: Silver Birch, Rowan, Alder, Willow, Ash, Hawthorn, Oak, Hazel, Holly, Apple, Vine, Ivy, Reed, Blackthorn, Elder, Pine, Furze, Heather, Mistletoe, Aspen, Yew, Spindle, Honeysuckle, Gooseberry, and Beech.

Course Contains:

Creating your personal healing grove, meeting your personal guardian, exploring the different healing energies associated with each tree, attuning oneself to the spirit of each tree, practical distant healing techniques taught, biofeedback sensations explored, practical divination methods, meeting the spirits and God/goddesses of each tree.

Underlying all tree work is the understanding that nature is the visible face of spirit.

3 x10 weekly 2 hr sessions

Starting in April 2024.

General

We have an Instagram service starting up, please click and follow on website (@cambridgecoreshamanism)

If you have any questions relating to shamanism in general or what we have to offer, please just ask. I am happy to zoom or answer any phone calls on the subject.

Please feel free to pass this email and contact info on to anyone you may feel might benefit from it.

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If you no longer wish to receive these emails, please let me know and I will remove you from the contact list.